

# Catheter Care

## Aims and Objectives:

- Introduction to Catheter Care
- Introduction to anatomy of urinary tract system
- Identify different types of catheters
- Identify different types of catheter bags
- Discuss common problems associated with catheterisation
- Recognise signs and symptoms of infections
- Discuss the prevention of bladder infections
- Understand the importance of correct connection and positioning of catheters and or catheter bags
- Demonstrate safe practices regarding handling of catheters and catheter bags

**Course Duration:** 2 hours

**Assessment method:** written questions and practical assessment

Catheterisation can play an important role in care but it is also the most common cause for a health care acquired infection, if not managed effectively. This 2 hour course looks at how to maximise the benefits and minimise the problems.

