

# Pressure Area Care

## **Aims and Objectives:**

- Individuals who are at risk from skin breakdown
- Develop an understanding of the anatomy and physiology of the skin
- Have an understanding of pressure ulcers
- Have an awareness of common areas of the body prone to pressure
- Risk assessments for the prevention of skin breakdown

**Course Duration:** 3 hours

**Assessment Methods:** 16 written questions

Pressure Care is an essential skill for carers in every care setting. This course explores the causes of pressure ulcers and the practice skills needed to avoid them.

Candidates will benefit from having knowledge of risks leading to development, signs of infection and prevention methods.